



ADRA Polska Foundation
Substantive Report
on Activity in 2022

We provided aid to
44 733 people,
within **14 projects.**
Value of the aid provided
33 880 633.40 PLN

Dear Donator, Dear Friend,

The ADRA Poland Foundation has completed another year of its activities. It was a challenging year, marked by unexpected events and intense emotions, particularly due to the war in Ukraine and the assistance we provided to our neighbouring communities during these difficult times. We are grateful for the generous support of our Donators, whose big hearts made a significant contribution to our success. Without people like YOU, we would not have been able to achieve so much.

We deeply appreciate your steadfast support and presence in our cause. Your unrelenting pursuit of a better world, like ours, does not go unnoticed. Thank you.

In 2022, the ADRA Foundation prioritized aiding refugees from Ukraine through humanitarian transports, shelter management, and emergency assistance. We witnessed the immense trauma and grief that our fellow human beings had to endure. We listened to their stories of displacement, loss of home, livelihood, and separation from their loved ones. The plight of refugees affected us deeply, and we felt compelled to increase our efforts towards their cause.

Over the last year, we extended our support to those in need across the globe. Our efforts included aiding the education of underprivileged children in Kenya and Bangladesh, as well as empowering communities affected by albinism in Tanzania. Our assistance also reached countries such as Serbia, Azerbaijan and Tajikistan.

Thanks to individuals like yourself, we were able to offer aid to 44,733 people within 14 different projects in 2022. The total value of the assistance provided amounted to precisely PLN 33,880,633.40.

The Substantive Report detailing the ADRA Poland Foundation's activities in 2022 is now available for your review. It is a testament to the incredible impact of your generous support, which has enabled us to provide vital humanitarian aid to those in dire need.

Your actions are making a significant positive impact on the world! Therefore please let me express our deepest gratitude and immense pride we take in your remarkable accomplishments. It is an absolute honour to have the support of individuals as exceptional as yourself.


With gratitude
Piotr Nowacki, Ph.D.



President, ADRA Poland

We provide humanitarian aid

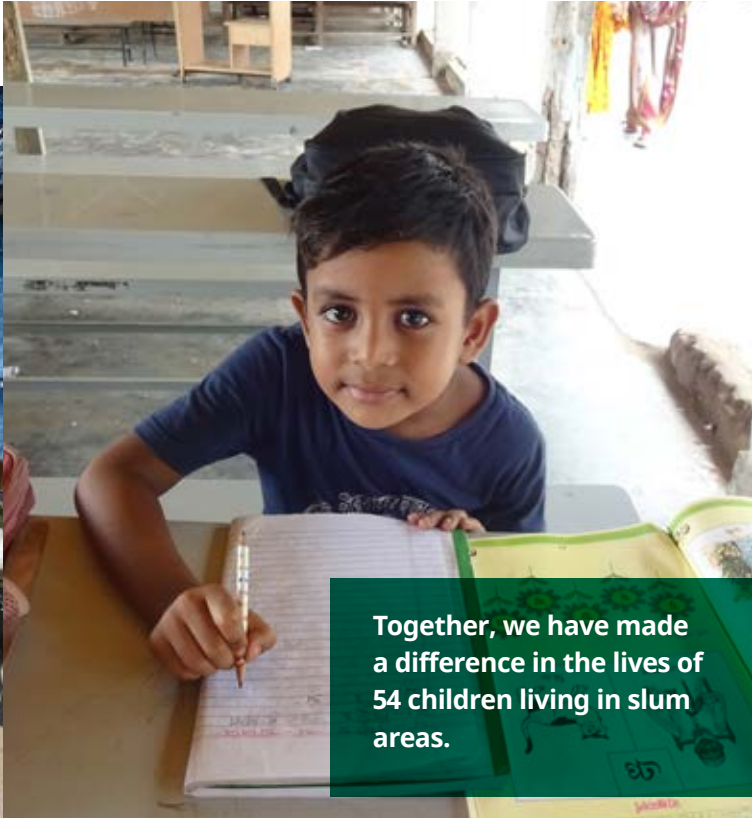
At the ADRA Polska Foundation, our primary focus is providing vital humanitarian aid to those in need. Whether it be individuals affected by natural disasters, armed conflicts, or other unfortunate events, we are dedicated to providing assistance wherever it is required. Thanks to the generous contributions from our Donators, in 2022 alone, we were able to support 4,143 people from across the globe. Some of these individuals had lost their homes and lifelong possessions, but with the help of the ADRA Foundation, they were able to find shelter, receive crucial supplies, and obtain food. Furthermore, we provided support in various areas of their lives, allowing them to regain control and start anew. Unfortunately, disasters continue to strike every year, and it often takes several years for those affected to recover. As a result, we have continued our 2021 programs by offering aid to Ethiopian refugees in Yemen (220 individuals) and to the nearly 4,000 victims of the explosion in Beirut, Lebanon.



**In 2022 alone, we supported
4 143 people in need.**

Assistance for children in Bangladesh

Our distance adoption program is committed to supporting primary school students residing in the Tongi village slum. This initiative has provided access to education for 54 of the most impoverished children in the area. Bangladesh, with a population of over 25 million, is one of the poorest countries in Asia and has an alarming number of individuals living in extreme poverty. Over 5 million children between the ages of 5 and 15 are forced to work under hazardous conditions to earn minimum wages. Education is the key to improving their prospects. Through the ADRA Foundation's remote adoption program, Donators have a chance to provide these children with education, better living conditions and the chance to escape the cycle of exploitation and poverty.



**Together, we have made
a difference in the lives of
54 children living in slum
areas.**



Assistance to people affected by albinism in Tanzania

In December of 2022, the ADRA Foundation successfully carried out the 'Supporting Entrepreneurship and Employment for People with Albinism' program in Tanzania that extended assistance to 300 young individuals. Project co-financed within the framework of the Polish development cooperation of the Ministry of Foreign Affairs of the Republic of Poland with a contribution of PLN 525,546.29. The program aimed to elevate the socio-economic status of young people affected by albinism, bridge the employment gap, identify business opportunities, and foster relevant professional competencies and skills. The program provided extensive training in entrepreneurship basics, bookkeeping, efficient management, conflict



Overall, we successfully assisted 315 young people affected by albinism, providing them with a brighter future.

resolution, and COVID-19 awareness. It also offered group integration, enabling participants to fight against discrimination and social stigmatization in the future. One of the most valuable components of the program was the provision of start-up capital to 61 participants, allowing women impacted by albinism to set up their businesses and regain control of their lives. The program also included short vocational courses in various fields, such as crafts, baking, bricklaying, hairdressing, and others. Additionally, the program continued the long-distance adoption initiative for children from Tanzania. With our Donators' help, we were able to provide safe living and educational conditions for six children affected by albinism.

Supporting children's education in Kenya

We are proud to continue our program of long-distance adoption for impoverished children in Kenya for another year. Our goal is to provide education and better living conditions for those in need. Unfortunately, many Kenyan children face the harsh reality of poverty, lack of necessities, and daily struggles for food and water. With the help of our generous Donators within the distance adoption project we were able to support the education of 100 children in 2022. Most of our beneficiaries are orphans who would not have been able to afford school fees, boarding, or necessary school supplies. The funds from distance adoption also provide food and clothing for the children in need.

Together, we have made a positive impact on the lives of one hundred children in Kenya.



Assisting disabled children and adolescents with behavioral disorders in Georgia

We are proud to announce the completion of the first module of a development project in Georgia aimed at increasing access to services for children with disabilities and adolescents with behavioural disorders. Project co-financed within the framework of the Polish development cooperation of the Ministry of Foreign Affairs of the Republic of Poland with a contribution of PLN 326,270.81. As part of this project, a daycare centre for children with disabilities in Khashuri and a small family home for adolescents with extreme behavioural disorders in Tbilisi were established and renovated. These facilities are the first of their kind in Georgia and have undergone extensive infrastructure upgrades including the installation of water and electrical systems, the renovation of floors, walls, ceilings, and the addition of a functional kitchen and washrooms, as well as wheelchair access. The daycare centre is for children aged 0-7 with learning and developmental disabilities, while the family centre serves the needs of young people aged 12 to 18 with extreme behavioural disorders who will receive 24-hour care and social pedagogical support. The facilities will serve a total of 103 young people.

Our efforts have helped 103 minors with disabilities in Georgia.



Assisting autistic children in Moldova

In collaboration with ADRA Moldova, ADRA Czech Republic, and Atlas Copco, we have successfully carried out our joint program for the SOS Socio-Medical Autism Centre in Moldova. Our team has completed the installation of a water filtration system, as well as repairs to both the water distribution and sewage systems. These upgrades have greatly improved the facility, which currently serves 45 patients.

Providing aid to those affected by the armed conflict in Azerbaijan

Module II of the „We are here to help”, project co-financed within the framework of the Polish development cooperation of the Ministry of Foreign Affairs of the Republic of Poland with a contribution of PLN 731,898, has successfully concluded its mission to aid Azerbaijani citizens. The project's primary goal was to provide physical and psychological support to individuals affected by war and offer therapy to those struggling with mental disorders. The module featured an array of activities, including training for victims' families, therapy sessions, rehabilitation, film therapy, simulation, and integration games. Specialists and therapists travelled to war-affected regions to offer their assistance.



Overall, 596 individuals received help in Azerbaijan for war trauma.

Assisting the homeless in Serbia

In Serbia, the homeless assistance project has successfully reached out to 895 people, providing 1,112 essential services per month. The services mainly focussed on hygiene, healthcare, and psychosocial support to ensure the well-being of the homeless population.

Assisting refugees from Belarus

The Foundation conducted a collection drive for refugees from Belarus, helping a total of one hundred people. Due to the mass exodus of residents from their homeland, many had to leave behind their life possessions and arrived in a foreign country without shelter, language proficiency, employment, or means of support. To aid Belarusians during this trying time, the Russian-language platform GrupaWsparcia.pl (now known as GiveAndGetHelp.com) offered legal consultations and psychological support.

Providing assistance to impoverished individuals and children in Tajikistan

Our outreach project in Tajikistan, one of the world's poorest countries, has continued for another year. The majority of its inhabitants live in poverty, with little or no access to clean water or electricity. Our efforts mainly revolve around providing food aid and serving meals in three villages, benefiting 250 individuals in 2022. Additionally, we conducted educational classes for 80 children.



Together we have helped 330 people in Tajikistan.

Intercultural education of young people

ADRA Poland has made volunteering projects and youth education a vital part of its activities since its establishment. Our initiatives aim to tackle significant social issues, empowering hundreds of young individuals to become more conscious and actively involved in the development of their communities. In 2022, we hosted three training sessions for young people and youth workers through the Erasmus+ program. Over 70 participants from various parts of the world joined the training, gaining valuable insights related to the projects' topics, as well as cultural, linguistic, and experiential exchanges.

Archivist's Backpack - as part of the programme, we worked to increase the knowledge of building and maintaining community archives, i.e. alternative 'spaces' for groups and individuals to document their own or others' past.

A total of 20 participants from France, Greece, Lithuania, Poland, Romania and Spain took part in the project.

Taking care of the caretakers - the programme addressed stressful situations affecting youth workers. A total of 25 young workers from Poland, Jordan, Italy, Lithuania, Russia and Ukraine took part.

Yearning for non-formal learning - the project dealt with non-formal education which is a recognised and increasingly widespread way of acquiring and developing competencies, learning about the world, about others, and oneself. The project involved 25 youth workers from Poland, Romania, Italy and Lithuania.

As many as 70 young people were involved in three educational projects thanks to you.



Assistance to refugees from Ukraine

The Foundation has been supporting refugees from Ukraine since the first days of the war. We have assisted Ukrainian refugees both within our own country and those internally displaced in Ukraine. We evacuated 1 167 people. We ran 55 shelters in Poland, where our neighbours fleeing the war received a roof over their heads, food, clothing and



The value of assistance to refugees from Ukraine in 2022 amounted to PLN 30,419,909.92

necessities. A total of 1,177 people benefited from board and lodging there. 3 212 people, in 1 404 households, received unconditional financial assistance. The „Cash For Rent” project, on the other hand, involves financial assistance for renting accommodation. By the end of 2022, 586 households, i.e. 1,907 people, had benefited from this form of support. In cooperation with foreign partners, we organised collections and transports with aid. We donated 71,487 in-kind parcels to 5,106 people. A total of 43 humanitarian transports containing more than 220 tonnes of goods were sent to Ukraine.

In September and October, five integration centres started operating in Bydgoszcz, Katowice, Lublin, Warsaw and Zielona Góra. A total of 4 512 people benefited from assistance at the centres. The Integration Centres for Foreigners (ICF) are places of comprehensive expert assistance, where Ukrainian refugees benefit from psychological support, vocational counselling, integration counselling to learn the Polish language, as well as legal advice and the services of a sworn translator.

From the first days of the war, we also provided online psychological support.

A total of 17,081 refugees received assistance from the ADRA Foundation.

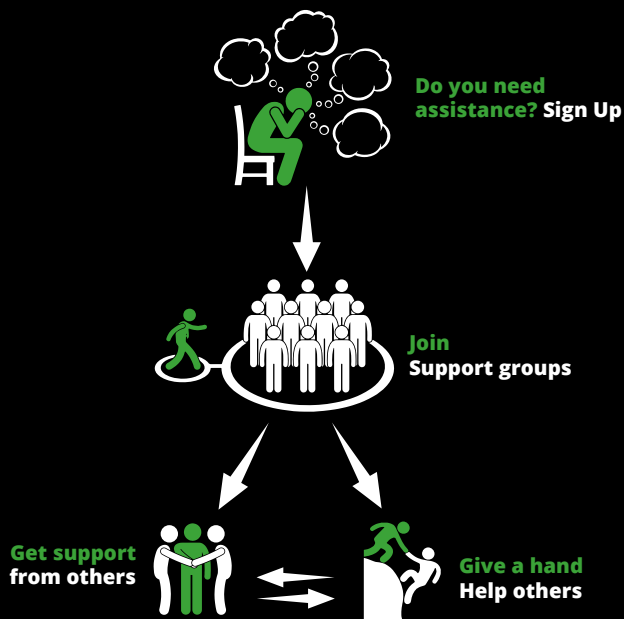
Online help platform GiveAndGetHelp.com

Last year, we also continued to develop the free and anonymous online help platform GrupaWsparcia.pl complete with its mobile application. The portal is aimed at people facing mental health problems, addiction, crisis, eating disorders, bereavement after the loss of loved ones and other hardships. The platform makes it possible to join the already existing support groups and create new ones. It brings together people united by a common problem and a will to cope with it. You can also get free support from psychologists, therapists and a lawyer.

Due to the expansion of the platform to include the Ukrainian and Russian language versions, its name was changed. It took on an international form: GiveandGetHelp.com. Last year, 18,633 people benefited from online support.



How it works





Thank you for your support!



ADRA

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